

# RESOURCE GUIDE

FOR SOCIAL WORK STUDENTS

**DIVERSITY & EQUITY  
COMMITTEE (DEC)**

**DALHOUSIE UNIVERSITY  
SCHOOL OF SOCIAL WORK**



# The Diversity and Equity Committee (DEC) Resource Guide

## WHO WE ARE

The Diversity and Equity Committee (DEC) furthers the School of Social Work's commitment to social justice by fostering students' contribution to activities that promote Diversity, Equity and Inclusion within and beyond classroom engagements.

## CONTACT US

Please contact Dr. Ifeyinwa Mbakogu for more information on DEC and its policies.

[ifeyinwa.mbakogu@dal.ca](mailto:ifeyinwa.mbakogu@dal.ca)

## RESOURCE GUIDE

The resource guide directs social work students to useful educational, social, economic and health services or contacts available within the School of Social Work, Dalhousie University, and the Halifax Regional Municipality (HRM).

## ORGANIZATION OF RESOURCES

- [SCHOOL OF SOCIAL WORK](#)
- [DALHOUSIE STUDENT UNION](#)
- [DALHOUSIE UNIVERSITY](#)
- [ACCESSIBLE SCHOLARSHIPS](#)
- [STUDENT-RUN SOCIETIES](#)
- [HALIFAX REGIONAL MUNICIPALITY](#)
- [RESTAURANTS TO EXPLORE](#)
- [INTERESTING PLACES](#)
- [ADDITIONAL RESOURCES](#)

### **Director of the School of Social Work**

Name: Judy MacDonald  
Phone: 902-494-1347  
Email: [judy.macdonald@dal.ca](mailto:judy.macdonald@dal.ca)  
Office: Room 3245, Mona Campbell Building

---

### **School of Social Work Associate Director**

Name: Jeff Karabanow  
Phone: 902-494-1193  
Email: [jeff.karabanow@dal.ca](mailto:jeff.karabanow@dal.ca)  
Office: Room 3237, Mona Campbell Building

---

### **Social Work Undergraduate Coordinator**

Name: Terrence Lewis  
Phone: 902-494-6785  
Email: [Terrence.Lewis@dal.ca](mailto:Terrence.Lewis@dal.ca)  
Office: Room 3243, Mona Campbell Building

---

### **Social Work Graduate Coordinator**

Name: Catrina Brown  
Phone: 902-494-7150  
Email: [catrina.brown@dal.ca](mailto:catrina.brown@dal.ca)  
Office: Room 3236, Mona Campbell Building

---

### **Chair of the Diversity and Equity Committee (DEC)**

Name: Ifeyinwa Mbakogu  
Phone: 902-494-3400  
Email: [ifeyinwa.mbakogu@dal.ca](mailto:ifeyinwa.mbakogu@dal.ca)  
Office: Room 3240, Mona Campbell Building

---

### **Accommodations Officer**

Name: Eli Manning  
Phone: 902-494-3917  
Email: [eli.manning@dal.ca](mailto:eli.manning@dal.ca)  
Office: Room 3239, Mona Campbell Building

---

### **Social Work Student Services Coordinator**

Name: Linda Smith  
Phone: 902-494-1343  
Email: [linda.smith@dal.ca](mailto:linda.smith@dal.ca)  
Office: Room 3224, Mona Campbell Building

---

---

**Social Work Reception**

Name: Lisa Parsons

Tel: 902-494-3760

Email: [social.work@dal.ca](mailto:social.work@dal.ca)

Office: Room 3201, Mona Campbell Building

---

**Admissions Coordinator**

Name: Liza Calda

Phone: 902-494-1361

Email: [liza.calda@dal.ca](mailto:liza.calda@dal.ca)

Office: Room 3213, Mona Campbell Building

---

**Administrative Manager**

Name: Joyce Rogers

Phone: 902-494-1342

Email: [j.rogers@dal.ca](mailto:j.rogers@dal.ca)

Office: Room 3227, Mona Campbell Building

---

**Continuing Education Coordinator/Graduate Certificate in Mental Health & Addictions**

Name: Karla Hatt

Phone: 902-494-6899

Email: [coned@dal.ca](mailto:coned@dal.ca); [mha@dal.ca](mailto:mha@dal.ca)

Office: Room 3218, Mona Campbell Building

---

**Distance Education Assistant**

Name: Josyl Headley

Phone: 902-494-2703

Email: [sswde@dal.ca](mailto:sswde@dal.ca)

Office: Room 3223, Mona Campbell Building

---

**Field Education Coordinator**

Name: Joelle Badman

Phone: 902-494-3917

Email: [joelle.badman@dal.ca](mailto:joelle.badman@dal.ca)

Office: Room 3217, Mona Campbell Building

---

**Field Education Coordinator**

Name: Cyndi Hall

Phone: 902-494-6354

Email: [cyndi.hall@dal.ca](mailto:cyndi.hall@dal.ca)

Office: Room 3215, Mona Campbell Building

---

---

**Field Education Coordinator**

Name: Rose Scott-Lincourt

Phone: 902-494-4310

Email: [rose.scott-lincourt@dal.ca](mailto:rose.scott-lincourt@dal.ca)

Office: Room 3216, Mona Campbell Building

---

**Field Education Assistant**

Name: Sherry Laporte

Phone: 902-494-1187

Email: [sswfield@dal.ca](mailto:sswfield@dal.ca)

Office: Room 3205, Mona Campbell Building

---

**School of Social Work Student Group (SSWG)**

Email: [swsg14@dal.ca](mailto:swsg14@dal.ca)

---

**Dalhousie School of Social Work Community Clinic**

Clinic Coordinators: Michelle Titus & Sarah Oulton

Phone: 902-494-2753

Email: [swcc@dal.ca](mailto:swcc@dal.ca)

Address: 6054 Quinpool Road

Directed and managed by the Social Work Field Coordinator, Cyndi Hall, and faculty member, Dr. Jeff Karabanow

---

**Important Website:**

School of Social Work: <https://www.dal.ca/faculty/health/socialwork.html>

School of Social Work Accommodation Policy for Students: <https://bit.ly/3y0V8ii>

## Resources Provided by the Dalhousie Student Union (DSU)

---

### **Campus Copy**

Phone: 902-494-3781

Email: [campuscopyrocks@dal.ca](mailto:campuscopyrocks@dal.ca)

Location: Room 342, Student Union Building

Hours: 9:00 am – 5:00 pm

Provides printing, binding, faxing, postage, and photocopying services.

Website: <http://dsu.ca/campuscopy>

---

### **DSU Market**

Email: [dsumarket@dal.ca](mailto:dsumarket@dal.ca)

Location: Lobby, Student Union Building

Hours: Tuesday 10:00 am – 5:00 pm & Wednesday 10:00 am – 4:00 pm

Provides fresh, local, and whenever possible, spray-free produce to students at an affordable cost.

Website: <http://www.dsumarket.ca/>

---

### **Equity and Accessibility Office**

Email: [dsuequity@dal.ca](mailto:dsuequity@dal.ca)

Location: Room 346, Student Union Building

Hours: Monday 10:00 am – 1:00 pm and Wednesday 3:00 pm – 6:00 pm

Provides a source for students to file complaints or submit grievances with the University Administration, Faculty, other students, societies, organizations, associations, and the Dalhousie Student Union and to address issues of systemic and institutional oppression at Dalhousie University.

Website: <http://dsu.ca/equity>

---

### **Dalhousie Student Union Food Bank**

Email: [dsufoodbank@dal.ca](mailto:dsufoodbank@dal.ca)

Location: Student Union Building

Hours: 9:00 am – 6:00 pm

Provides free food to all Dalhousie students. Must bring their own bag and student ID card.

Website: <http://dsu.ca/foodbank>

---

---

### **Health and Dental Plan**

Email: [dsuhealth@dal.ca](mailto:dsuhealth@dal.ca)

All full-time students who start in September are automatically covered under the DSU Health & Dental Plan. Students who are distance, part-time, or begin studies in January or May are not automatically covered and must opt in.

Website: <http://dsu.ca/healthplan>

---

### **Dalhousie Legal Aid**

Phone: 902-423-8105

Email: [legalaid@dal.ca](mailto:legalaid@dal.ca)

Location: 2209 Gottingen Street

Provides legal services for those financially challenged in Nova Scotia and the only community law clinic in the province.

Website: <http://dsu.ca/services/community-student-services/legal-counsel>

---

### **Dalhousie Student Advocacy Service**

Phone: 902-494-2205

Email: [dsas@dal.ca](mailto:dsas@dal.ca)

Location: Room 348, Student Union Building

Hours: 9:00 am – 4:00 pm

Provides students resources with navigating Dalhousie University policies, including assistance with academic appeals, cheating or academic integrity disciplines.

Website: <http://dsu.ca/dsas>

---

### **Survivor Support Centre/Phone Line**

Service Phone Line: 902-425-1066

Office Phone Line: 902-494-1367

Email: [survivorsupport@dal.ca](mailto:survivorsupport@dal.ca)

Service Hours: 24/7

Office Hours: 9:00 am – 4:00 pm

Office Location: Student Union Building

The Survivor Support Centre offers anonymous, confidential, non-judgemental, active listening and support to anyone who has experienced or has been affected by sexualized violence, which is through their service line.

Website: <http://dsu.ca/survivorsupport>

---

---

### **Tiger Patrol**

Phone Number: 902-499-1831

Alternative Number: 902-718-9908

Departure Location: Student Union Building

Hours: Starting at 6:15 pm until 1:15 am;

Shuttle runs on the 0:15 and 0:45 minute of every hour

Tiger Patrol stops along designated areas of the Halifax Regional Municipality, 7 days a week, during the school year. Hop on the shuttle at any of the three Dalhousie campuses and show your Student ID to the driver for the free ride.

Website: <http://dsu.ca/tigerpatrol>

---

### **SUB Wellness Room**

Location: Student Union Building

Hours: All hours of the Student Union Building

Room hosts a variety of health & wellness related programming all school year long, including yoga, meditation, and drop in hours with peer mentors or a social worker. In between programs the room is open for any and all use.

Website: <http://dsu.ca/wellnessroom>

---

### **Dal After Dark**

Email: [afterdark@dal.ca](mailto:afterdark@dal.ca)

Provides Dalhousie students with fun and free/low cost activities on Thursday, Friday, and Saturday nights.

Website: <https://www.facebook.com/DalAfterDark/>

---

### **Loaded Ladle**

Email: [info@loadedladle.com](mailto:info@loadedladle.com)

Location: Atrium, Student Union Building

Hours: Tuesday – Friday, 1:00 pm

Provides students with a free meal at 1:00pm; meals are vegan and gluten-free.

Website: <https://loadedladle.com/>

---

### **Important Websites:**

Dalhousie Student Union: <http://dsu.ca/>

DSU Funding Resources (Grants, Bursaries, Emergency Aid): <https://www.dsu.ca/funding>



### **Dalhousie Multifaith Services**

Phone: 902-494-2287

Email: [multifaith@dal.ca](mailto:multifaith@dal.ca)

Location: Room 407, Student Union Building

Hours: 10:00 am – 2:00 pm

Provides a non-threatening space where Dalhousie community can come to observe their faith. Chaplains are also available to speak to and available by appointment.

Website: <https://bit.ly/3z3UFgz>

---

### **Student Health & Wellness Centre**

Phone: 902-494-2171

Location: 2<sup>nd</sup> floor, LeMarchant Place

1246 LeMarchant Street

Hours: Monday – Friday; 8:00 am – 5:00 pm

Saturday; 11:00 am – 5:00 pm

Provides certified quality primary and mental health services to promote and enhance students' health. The interprofessional team includes registered nurses, doctors, social workers, health promotion expertise, psychiatrists, counsellors, and psychologists.

Website: <https://bit.ly/3j0OG6H>

---

### **Dalplex (Athletics & Recreation)**

Phone: 902-494-3372

Email: [dalplexinfo@dal.ca](mailto:dalplexinfo@dal.ca)

Location: 6260 South St

Hours: Monday – Friday; 6:00 am – 10:30 pm

Saturday; 7:00 am – 9:00 pm

Sunday; 9 am – 10:30 pm

Offers a wide array of sport and recreational facilities to suit the needs of the community. Membership is included with full-time student fees and they offer free building tours of all facilities.

Website: <https://athletics.dal.ca/facilities.html>

---

---

### **Peer Support**

Location: Wellness Room, Student Union Building

Hours: Monday – Thursday; 12:00 pm – 2:00 pm

Two on-campus peer support workers provide free, non-judgemental, confidential, and safe mental health support to students.

Website: <https://bit.ly/3ASwNgg>

---

### **Bissett Student Success Centre (BSSC)**

Phone: 902-494-3077

Email: [advising@dal.ca](mailto:advising@dal.ca)

Location: Room 426, Student Union Building

Hours: Monday – Friday; 8:30 am – 4:30 pm

The BSSC provides academic and career advising support and information.

Website: [https://www.dal.ca/campus\\_life/academic-support/student-success-centre.html](https://www.dal.ca/campus_life/academic-support/student-success-centre.html)

---

### **The Writing Centre**

Phone: 902-494-1963

Email: [writingcentre@dal.ca](mailto:writingcentre@dal.ca)

Location: Room G40C, Ground Floor Learning Commons, Killam Library

Hours: Monday – Thursday; 10:00 am – 7:00 pm, Friday; 10:00 – 5:00 pm, Sunday; 12:00 pm – 5:00 pm

The Writing Centre offers writing support in all subjects, from academic assignments to dissertations, for undergraduate and graduate students. They provide one-on-one meetings to discuss your work and they offer events and seminars.

Website: [https://www.dal.ca/campus\\_life/academic-support/writing-and-study-skills.html](https://www.dal.ca/campus_life/academic-support/writing-and-study-skills.html)

---

### **Student Accessibility Centre**

Phone: 902-494-2836

Email: [access@dal.ca](mailto:access@dal.ca)

Location: Room G28, Killam Library Atrium

Hours: Monday – Friday; 8:30 am – 4:00 pm

The Student Accessibility Centre help students navigate on access, inclusion, and accommodation support. The centre works collaboratively with students, faculty, and staff to create inclusive educational environments for students.

Website: [https://www.dal.ca/campus\\_life/academic-support/accessibility.html](https://www.dal.ca/campus_life/academic-support/accessibility.html)

---

---

### **Studying for Success Program**

Phone: 902-494-3077

Email: [sfs@dal.ca](mailto:sfs@dal.ca)

Location: Within the Bissett Student Success Centre (Room 426, Student Union Building)

Hours: By appointment

The Studying for Success Program provides support for students in all areas of study skills and tutoring, including if you are a distance student. They provide workshops, tutoring, and personal study coaching. There is a designated social work study coach (email: [sfsss@dal.ca](mailto:sfsss@dal.ca)).  
Website: [https://www.dal.ca/campus\\_life/academic-support/study-skills-and-tutoring.html](https://www.dal.ca/campus_life/academic-support/study-skills-and-tutoring.html)

---

### **DalCard Office**

Phone: 902-494-2334

Email: [dalcard@dal.ca](mailto:dalcard@dal.ca)

Location: Howe Hall, 6230 Coburg Road

Hours: Monday – Wednesday, Friday; 8:30 am – 5:00 pm, Thursday; 8:30 am – 7:00 pm

DalCard Office provides support to students in regard to their DalCard (student ID). If your card is not working or becomes lost, you can come to this office. The office also can provide information on where and how the DalCard can be used.

Website: [https://www.dal.ca/campus\\_life/Dalcard.html](https://www.dal.ca/campus_life/Dalcard.html)

---

### **Dalhousie Tigers**

Phone: 902-494-2137

Email: [sports@dal.ca](mailto:sports@dal.ca)

Location: Within Dalplex (6260 South Street)

Hours: Monday – Friday; 9:00 am – 5:00 pm

The Dalhousie Tigers represent the varsity teams within Dalhousie University. They consist of 14 men's and women's varsity teams.

Website: <https://www.daltigers.ca>

---

### **Dental Clinic**

Phone: 902-494-2101

Location: Dentistry Building, 5981 University Avenue

Hours: Monday – Friday; 9:00 am – 12:00 pm, 1:00 pm – 4:00 pm

Dalhousie Dental Clinic operates general and speciality clinics to support their educational programs. Their students provide dental care at a reduced rate compared to general dentists in the area.

Website: <https://www.dal.ca/faculty/dentistry/about/dental-clinics.html>

---

---

### **Dalhousie Association of Graduate Students**

Phone: 902-494-2809

Email: [dags@dal.ca](mailto:dags@dal.ca)

Location: Room 438, Student Union Building

Hours: Monday – Friday; 12:30 pm – 5:00 pm

Dalhousie Association of Graduate Students (DAGS) is the umbrella organization that represents all graduate students at Dalhousie University.

Website: <http://www.dags.ca/>

---

### **Queer Faculty & Staff Caucus**

Email: [QFSC@dal.ca](mailto:QFSC@dal.ca)

The Queer Faculty & Staff Caucus seek positive change toward a society where LGBTQ2S people can participate free of negative stereotypes and as equal members of the Dalhousie University community.

Website: <https://www.dal.ca/sites/qfsc.html>

---

### **Dalhousie Black Faculty & Staff Caucus**

Email: [dbfsc@dal.ca](mailto:dbfsc@dal.ca)

The Dalhousie Black Faculty & Student Caucus serves as a voice for the concerns of the Black communities at Dalhousie University.

Website: <https://www.dal.ca/sites/dbfc.html>

---

### **Black Student Advising Centre**

Phone: 902-494-6648

Email: [bsac@dal.ca](mailto:bsac@dal.ca)

Location: 1321 Edward Street

Hours: Monday – Thursday; 9:00 am – 8:00 pm, Friday; 9:00 am – 5:00 pm

The Centre provides support for any student of African Descent such as advocacy, advising, study skills, writing, and mentorship. They also host events, offer funding sources, and supports societies within the Dalhousie Student Union.

Website: [https://www.dal.ca/campus\\_life/communities/black-student-advising.html](https://www.dal.ca/campus_life/communities/black-student-advising.html)

---

---

### **Indigenous Student Centre (ISC)**

Phone: 902-494-8863

Email: [isc@dal.ca](mailto:isc@dal.ca)

Location: 1321 Edward Street

Hours: Monday – Friday; 9:00 am – 4:00 pm

The ISC helps create a sense of belonging to support your success while at Dalhousie. Their Indigenous Student Advisor provides support and advocacy for all of Dalhousie's Indigenous students.

Website: [https://www.dal.ca/campus\\_life/communities/indigenous.html](https://www.dal.ca/campus_life/communities/indigenous.html)

---

### **International Centre**

Phone: 902-494-1566

Email: [international.centre@dal.ca](mailto:international.centre@dal.ca)

Location: 1246 LeMarchant Street

Hours: Monday – Friday; 8:30 am – 4:30 pm

The International Centre provides students with supports as they arrive into Canada, including immigration information, finding places to live, and planning on the arrival into Canada. The International Centre also helps with working, finances, life in Halifax and on campus.

Website: [https://www.dal.ca/campus\\_life/international-centre.html](https://www.dal.ca/campus_life/international-centre.html)

---

### **Residence Office**

Phone: 902-494-1054

Email: [residence@dal.ca](mailto:residence@dal.ca)

Location: 6230 Cobourg Road

Hours: Monday – Friday; 8:30 am – 5:00 pm

For information in relation to living in residence, costs & fees, dining & meal plans, and other residence services, reach out to the residence office on campus.

Website: [https://www.dal.ca/campus\\_life/residence\\_housing/residence.html](https://www.dal.ca/campus_life/residence_housing/residence.html)

---

---

### **South House Sexual and Gender Resource Centre**

Phone: 902-494-2432

Email: [info@southhousehalifax.ca](mailto:info@southhousehalifax.ca)

Location: 1443 Seymour Street

Hours: Monday – Friday; 10:00 am – 4:00 pm

South House seeks to address and advocate for anti-oppression issues within a feminist framework. They are Halifax's only full-time gender justice centre, creating a gender inclusive safe space for all members of the community. They offer a resource centre, library, and free meeting space for organization and gathering.

Website: <https://southhousehalifax.org/>

---

### **Dalhousie Bookstore**

Phone: 902-494-2460

Email: [bookstore@dal.ca](mailto:bookstore@dal.ca)

Location: Basement, Student Union Building

Hours: Monday – Friday; 9:00 am – 5:00 pm

The Dalhousie Bookstore sells all textbooks that are required for Dalhousie University. They also sell clothing, giftware, degree frames, and other supplies. Lastly, they are able to assist with custom orders for clothing and giftware.

Website: <https://bookstore.dal.ca/home>

---

### **Information Technology Services (ITS)**

Phone: 902-494-4357

Email: [support@dal.ca](mailto:support@dal.ca)

Location: Room G45, Killam Library (6225 University Avenue)

Hours: Monday – Friday; 9:00 am – 5:00 pm

ITS can help you set up your NetID, your Dalhousie email, how to connect to Dalhousie's internet and download software. They also provide services related to technological support.

Website: <https://www.dal.ca/dept/its.html>

---

---

### **Intramurals & Sports Clubs**

Phone: 902-494-2002

Email: Intramurals – [intra@dal.ca](mailto:intra@dal.ca) Dal Sports Clubs – [sportsclubs@dal.ca](mailto:sportsclubs@dal.ca)

Intramurals and sports clubs are predominantly student programs, but in some cases they are also available to all of the Dalhousie community. Intramurals allow students to play recreational sports, including basketball, hockey, soccer, and more. Sports clubs are additional opportunities for students to develop their skills in a specific sport.

Website: <https://athletics.dal.ca/clubs-intramurals.html>

---

### **Office of the Ombudsperson**

Phone: 902-494-2665

Email: [ombuds@dal.ca](mailto:ombuds@dal.ca)

Location: Room 452, Student Union Building

The Ombudsperson Office is a collaboration of Dalhousie University and the DSU to provide independent, impartial and confidential support to students who would like to resolve any university-related concerns.

Website: [https://www.dal.ca/campus\\_life/safety-respect/student-rights-and-responsibilities/where-to-get-help/ombudsperson.html](https://www.dal.ca/campus_life/safety-respect/student-rights-and-responsibilities/where-to-get-help/ombudsperson.html)

---

### **Dalhousie Physiotherapy Clinic**

Phone: 902-494-1502

Email: [ptclinic@dal.ca](mailto:ptclinic@dal.ca)

Location: Room 224, Dalplex

Hours: Monday – Friday; 7:00 am – 7:00 pm, Saturday; 10:00 am – 2:00 pm

The Dalhousie Physiotherapy Clinic offers physiotherapy services to the Dalhousie, Halifax, and Nova Scotia communities.

Website: <https://www.dal.ca/ptclinic>

---

### **Registrar's Office**

Phone: 902-494-2450

Email: [registrar@dal.ca](mailto:registrar@dal.ca)

Location: Room 130, Henry Hicks Academic Admin Building, 6299 South Street

Hours: Monday – Friday; 9:00 am – 4:00 pm

The Registrar's Office provides services related to admissions, convocation, exam scheduling, transfer credits, tuition payments, and more. Course selections, appealing grades, changing degree programs, declaring majors, and requests for transcripts go through this office.

Website: [https://www.dal.ca/admissions/registrars\\_office.html](https://www.dal.ca/admissions/registrars_office.html)

---

---

### **Security Services**

General Phone: 902-494-6400

Emergency Phone: 902-494-4109

Email: [security@dal.ca](mailto:security@dal.ca)

Location: Security Services Office, 1252 LeMarchant Street

Security Services on campus can be reached if you feel uncomfortable or require additional assistance while on campus. They also provide updates on building and school closures.

Website: <https://www.dal.ca/dept/facilities/services/security-services.html>

Twitter: @dalsecurity

You can also download the smart phone app: [DaISAFE](#).

---

### **Parking at Dalhousie**

Phone: 902-893-4190

Email: [parking@dal.ca](mailto:parking@dal.ca)

Location: Security Services Office, 1252 LeMarchant Street

To obtain a parking permit for Dalhousie University property, reach out to Parking Services. You must be a Dalhousie University employee or student with a valid Dalhousie ID. If you need to pay a Dalhousie University parking ticket, come to this office.

Website: <https://www.dal.ca/dept/facilities/services/security-services/parking-at-dal.html>

---

### **Dalhousie Libraries**

Dalhousie University has various libraries across campus. The Killam Memorial Library is the largest and houses the most resources.

Website: <https://libraries.dal.ca/>

#### **Sir James Dunn Law Library**

Phone: 902-494-2124

Location: Inside the Weldon Law Building,

Website: <http://libraries.dal.ca/dunn>

#### **W.K. Kellogg Health Sciences Library**

Phone: 902-494-2479

Location: Inside the Sir Charles Tupper Medical Building, 5850 College Street

Website: <http://libraries.dal.ca/kellogg>



---

**Killam Memorial Library**

Phone: 902-494-3621

Email: [Killam.Library@dal.ca](mailto:Killam.Library@dal.ca)

Location: 6225 University Avenue

Website: <http://libraries.dal.ca/killam>

**Wallace McCain Learning Commons**

Phone: 902-494-6997

Location: Inside the Life Sciences Centre

Website: <http://libraries.dal.ca/hours-locations/wmlc.html>

---

**Important Websites:**

Information for New Students: [https://www.dal.ca/campus\\_life/orientation.html](https://www.dal.ca/campus_life/orientation.html)

## Accessible Scholarships for BSW Students

---

### **Association of Black Social Workers Bursary**

Purpose: To assist African Canadian students who are attending a recognized university; studying towards a social work degree.

Amount: Each bursary will not exceed \$300.00.

Website: <https://bit.ly/3mezXqv>

---

### **Calvin Ruck Scholarship**

Purpose: To provide a scholarship to African Nova Scotian students in the BSW or MSW program at the School of Social Work, who demonstrate a desire to improve and advance the interests of African Nova Scotian and African Canadian (NSAACP) people through the study and practice of social work.

Amount: To be determined.

Website: <https://bit.ly/3iWx8s9>

---

### **Dalhousie University Women Alumnae Medal**

Purpose: This medal is presented annually to the BSW graduating student with the highest cumulative grade point average in the baccalaureate programme in the School of Social Work.

Amount: Not listed.

Website: <https://bit.ly/3AYJ2I2>

---

### **Eric Joseph Dick Memorial Prize**

Purpose: This prize is to be awarded to the student who has achieved the highest standing in the course Beginning Social Work Practice (SLWK 2333) in the Bachelor of Social Work program for the academic year.

Amount: Not listed.

Website: <https://bit.ly/3mfGIhc>

---

### **Eva Mary and Judge Farquhar Bursary**

Purpose: To provide an annual bursary(s) for one (or more) students(s) enrolled in the BSW or MSW program at Dalhousie University who demonstrate financial need.

Amount: To be determined.

Website: <https://bit.ly/3mgHchH>

---

---

**Fred R. MacKinnon Award**

Purpose: Earnings from the fund will be used to provide one (or more) annual financial award(s) to a student(s) in the BSW program in the School of Social Work. The recipient of the Fred R. MacKinnon Award in Social Work will demonstrate good academic standing and a keen interest in social welfare policy and services.

Amount: To be announced.

Website: <https://bit.ly/3AVC8n7>

---

**Graham and Janet Bennet Scholarship in Social Work**

Purpose: This award is to honor the lives of Graham and Janet Bennett by providing an award for current and future students. This award will recognize well rounded students encompassing both overall extra-curricular involvement in campus activities while maintaining a solid academic standing.

Amount: Not listed.

Website: <https://bit.ly/3kbBAmc>

---

**Janet Lee Myers Memorial Bursary**

Purpose: To provide one or more bursaries annually to students in the BSW program at Dalhousie University who need financial assistance. The recipients will have demonstrated the highest values of humanity, community, and service in the study of social work and in contributions to the School of Social Work.

Amount: Approximately \$500.

Website: <https://bit.ly/3sxM2Zh>

---

**J. Bernard MacNeil Memorial Award**

Purpose: To honour the memory of J. Bernard MacNeil, MSW 1970, by providing an annual prize to a BSW Student at Dalhousie University, who is entering his/her second year of the program.

Amount: To be determined.

Website: <https://bit.ly/3sA8yRg>

---

**Joan Cummings Memorial Award**

Purpose: To provide an annual award to a student with a (dis)Ability who is enrolled in the Bachelor of Social Work or Master of Social Work program at the School of Social Work, Dalhousie University.

Amount: Not listed.

Website: <https://bit.ly/3AYJOVs>

---

---

**M. Caroline Prince Scholarship**

Purpose: Provides one or more scholarships to either full-time or part-time students in the BSW program who are taking two to three credits. If there are no first year, part-time students eligible, second year, part-time students will be considered. The award will be given for all-round excellence measured by grades in SLWK 2222: Advancing Social Justice; as well as the student's motivation & suitability for social work.

Amount: To be determined.

Website: <https://bit.ly/3y6ez97>

---

**Ngena Bernard Memorial Dalhousie University Transition Year Program - Social Work Bursary Fund**

Purpose: To assist full and part time African Canadian students who are graduates of the Dalhousie University Transition Year Program (TYP), and are attending the Dalhousie School of Social Work, or doing prerequisite courses to study towards a social work degree.

Amount: The amount will not exceed \$500.00

Website: <https://bit.ly/3gdq2O3>

---

**Nova Scotia College of Social Workers Bursary (NSCSW)**

Purpose: To provide an annual bursary to a student enrolled in the BSW Program, Dalhousie University.

Amount: \$500

Website: <https://bit.ly/3gjkMZA>

---

**Raoul Leger Memorial Humanitarian Award**

Purpose: To provide recognition to a graduating student in either the BSW or MSW program at the School of Social Work.

Award: A plaque of recognition

Website: <https://bit.ly/2Uy4LHx>

---

**School of Social Work Alumni Scholarship**

Purpose: To provide one or more annual financial awards to students in the BSW and MSW program, who demonstrate the highest values of humanity, social justice, community, and service in the study of Social Work and in their contribution to the School of Social Work.

Amount: Not listed.

Website: <https://bit.ly/2W7y1FL>

---

### **Association of Black Social Workers Bursary**

Purpose: To assist African Canadian students who are attending a recognized university; studying towards a social work degree.

Amount: Each bursary will not exceed \$300.00.

Website: <https://bit.ly/3AYJlx5>

---

### **Calvin Ruck Scholarship**

Purpose: To provide a scholarship to African Nova Scotian students in the BSW or MSW program at the School of Social Work, who demonstrate a desire to improve and advance the interests of African Nova Scotian and African Canadian (NSAACP) people through the study and practice of social work.

Amount: To be determined.

Website: <https://bit.ly/3xZSFo7>

---

### **Eva Mary and Judge Farquhar Bursary**

Purpose: To provide an annual bursary(s) for one (or more) students(s) enrolled in the BSW or MSW program at Dalhousie University who demonstrate financial need.

Amount: To be determined.

Website: <https://bit.ly/3y2Eu1l>

---

### **Joan Cummings Memorial Award**

Purpose: To provide an annual award to a student with a (dis)Ability who is enrolled in the Bachelor of Social Work or Master of Social Work program at the School of Social Work, Dalhousie University.

Amount: Not listed.

Website: <https://bit.ly/3mh8AfJ>

---

### **Lawrence T. Hancock Scholarship**

Purpose: To provide an annual scholarship to a student in the MSW program, who achieves high academic standing and shows promise of leadership and service.

Amount: To be determined.

Website: <https://bit.ly/3j2NPIC>

---

---

**Ngena Bernard Memorial Dalhousie University Transition Year Program - Social Work Bursary Fund**

Purpose: To assist full and part time African Canadian students who are graduates of the Dalhousie University Transition Year Program (TYP), and are attending the Dalhousie School of Social Work, or doing prerequisite courses to study towards a social work degree.

Amount: The amount will not exceed \$500.00

Website: <https://bit.ly/3j0F4IT>

---

**Margaret Cragg Award**

Purpose: To provide financial assistance to an MSW student who is studying in the area of violence against women (battering, rape, sexual, harassment, elder abuse, economic violence) and/or children (physical, sexual, emotional abuse of children by parents/guardians or by persons and institutions charged with their education, care and welfare), areas that are frequently called family or domestic violence or people living in high risk/disadvantaged environments.

Amount: To be determined.

Website: <https://bit.ly/3AQk1ii>

---

**Mary and John Eldon Green Scholarship**

Purpose: The Mary and John Eldon Green Scholarship will annually support one student from P.E.I. entering the School of Occupational Therapy and one student entering the School of Social Work.

Amount: Not listed.

Website: <https://bit.ly/3j3hOdv>

---

**Raoul Leger Memorial Humanitarian Award**

Purpose: To provide recognition to a graduating student in either the BSW or MSW program at the School of Social Work.

Award: A plaque of recognition

Website: <https://bit.ly/3j0JwHF>

---

**School of Social Work Alumni Scholarship**

Purpose: To provide one or more annual financial awards to students in the BSW and MSW program, who demonstrate the highest values of humanity, social justice, community, and service in the study of Social Work and in their contribution to the School of Social Work.

Amount: Not listed.

Website: <https://bit.ly/37W8iCi>

---

---

**Sonja R. Weil Memorial Bursary**

Purpose: To provide one or more annual bursaries to a MSW student(s) in the School of Social Work. The recipient(s) will have demonstrated financial need and satisfactory academic standing. In determining the recipient(s) the committee shall give preference to students who have demonstrated an interest in those areas which reflect most closely the work of Sonja Weil in child and family therapy.

Amount: To be determined.

Website: <https://bit.ly/3sEzcbG>

## Non-School of Social Work Scholarships

### **First Nations & Indigenous Black Students Scholarships (Undergraduate)**

Purpose: available to First Nations and Indigenous Black students from the Maritime provinces.

Amount: \$3000 renewable entrance scholarship.

Website: [https://www.dal.ca/campus\\_life/communities/indigenous/Financial\\_ISC.html](https://www.dal.ca/campus_life/communities/indigenous/Financial_ISC.html)

---

### **Nova Scotia Black and First Nations Graduate Entrance Scholarships**

Purpose: available to Nova Scotia Black and First Nations graduate students (master's or doctoral level).

Amount: \$15,000 renewable scholarships.

Website: [https://www.dal.ca/campus\\_life/communities/indigenous/Financial\\_ISC.html](https://www.dal.ca/campus_life/communities/indigenous/Financial_ISC.html)

---

### **Morris Saffron Award**

Purpose: available to Status or Non-Status Indigenous graduates of Dalhousie's Transition Year Program.

Amount: Not listed.

Website: [https://www.dal.ca/campus\\_life/communities/indigenous/Financial\\_ISC.html](https://www.dal.ca/campus_life/communities/indigenous/Financial_ISC.html)



## Selection of Student-Run Societies on Campus

---

### **Indigenous Health Interest Group (IHIG)**

Email: [dal.ihig@gmail.com](mailto:dal.ihig@gmail.com)

Website: <https://www.dalihig.com/>

IHIG is a group of Indigenous and non-Indigenous students in health-related programs at Dalhousie University. Members share common interests in improving the health of Indigenous peoples and reducing Indigenous health inequities.

---

### **Dalhousie Gujarati Students Association (DGSA)**

Email: [dal.gsa@outlook.com](mailto:dal.gsa@outlook.com)

Facebook: <https://www.facebook.com/DALGSA/>

DGSA was founded in 2013 and as a collective they organize Navratri, Gujarati cultural night, Colour festival, Diwali, and more.

---

### **Dalhousie Caribbean Connection (DCC)**

Facebook: <https://www.facebook.com/groups/DalCaribbean/>

DCC is a society that celebrates the beauty, energy, and uniqueness of the Caribbean spirit.

---

### **Halifax Outreach Prevention Education Support (HOPES)**

Email: [hopesrc@gmail.com](mailto:hopesrc@gmail.com)

Website: <https://www.hopeshealthcentre.com/>

HOPES is a student led initiatives with the objective of establishing a collaborative interprofessional community Health Centre for marginalized populations at St. Andrew's church Sunday Suppers.

---

### **Dalhousie South East Asians Society (DSEANS)**

Email: [dseans@dal.ca](mailto:dseans@dal.ca)

Facebook: <https://www.facebook.com/dseans/>

DSEANS aims to gather and provide a place of comfort and belonging for students who identify as Southeast Asian at Dalhousie.

---

---

### **Muslim Student Association**

Email: [dmsa@dal.ca](mailto:dmsa@dal.ca)

Facebook: <https://www.facebook.com/DalMSA/>

The DMSA attempts to cater to the needs of Muslim students at Dalhousie and provide information about Islam for Muslims and non-Muslims alike. Their objectives are to establish an active, unified Muslim student community at Dalhousie that facilitates their practice of Islam.

---

### **Dalhousie Christian Students on Campus**

Email: [dcsc.society@gmail.com](mailto:dcsc.society@gmail.com)

Facebook: <https://www.facebook.com/dalchristians/>

Dalhousie Christian Students on Campus aim to provide space and time for students to practice their common faith, Christianity.

---

### **Dalhousie Black, Indigenous, and People of Colour Caucus (BIPOCUS)**

Email: [bipocus@dal.ca](mailto:bipocus@dal.ca)

Facebook: <https://www.facebook.com/BIPOCUS/>

BIPOCUS are a group of students dedicated to uplifting, creating community, and engaging in social justice efforts for Black, Indigenous, and People of Colour on campus.

---

### **Dalhousie All-Inclusive Women's Network (DAWN)**

Email: [dawn.dalhousie@gmail.com](mailto:dawn.dalhousie@gmail.com)

Facebook: <https://www.facebook.com/dawn.dalhousie/>

DAWN welcomes members of any gender, race, or creed. Their main objective is to improve the quality of life and wellness of female-identifying students on campus.

---

### **Dalhousie Disability Advocacy Society**

Facebook: <https://www.facebook.com/Dalhousie-Disability-Advocacy-Society-107124037334823/>

The Dalhousie Disability Advocacy Society works to raise awareness of disability by having positive and real discussions, addressing common misconceptions, and fighting against stereotypes to better inform others.

---

### **Dalhousie Chinese Students and Scholars Association**

Facebook: <https://www.facebook.com/DalhousieCSSA/>

The Dalhousie Chinese Students and Scholars Association would like to create a space for students who identify as Chinese.

---

---

### **Dalhousie Egyptian Society**

Facebook: <https://www.facebook.com/DALEgypt/>

The Dalhousie Egyptian Society was created to represent and support Egyptian students on the Dalhousie University.

---

### **Dalhousie African Student Association**

Email: [dalafricans19@gmail.com](mailto:dalafricans19@gmail.com)

Facebook: <https://www.facebook.com/DASAHFX/>

The Dalhousie African Student's Association aims to promote cultural, educational, social, and recreational activities for African students.

---

### **African Nova Scotian/Canadian Student Association (ANSSA)**

Email: [anssa@dal.ca](mailto:anssa@dal.ca)

ANSSA aims to bridge gaps and inequalities between African Nova Scotian students and students of African descent at Dalhousie University, while educating everyone about the deeply rooted history of African Nova Scotians and their culture.

---

### **Indian Subcontinental Students Association (INDISA)**

Email: [indisa@dal.ca](mailto:indisa@dal.ca)

Facebook: <https://www.facebook.com/indisaofficial/>

INDISA was created to support and hold events for students interested by or of Indian descent on Dalhousie campus.

---

### **Dalhousie Turk Society (DalTurk)**

Email: [dalturk@dal.ca](mailto:dalturk@dal.ca)

Website: <https://dalturk.slink.dal.ca/index.php/dalturk-dalhousie-turkic-society/>

DalTurk is the continuation of the Dalhousie University Turkish Student Society and aims to build on its legacy. The group intends to focus on promoting the Turkish culture to its members, which are not only Turks from Turkey, but Turkics as an ethnolinguistic group.

---

### **Syrian Student Society**

Email: [sss@dal.ca](mailto:sss@dal.ca)

Facebook: <https://www.facebook.com/dalhousieSSS/>

The Syrian Student Society is a student focused organization that has a mission to spread and promote the Syrian culture around campus.

---

---

**Dalhousie Desi Society**

Facebook: <https://www.facebook.com/Dalhousie-Desi-Society-103856437743243/>

The Dalhousie Desi Society was created to support and hold events interested by the Desi people.

---

**Dalhousie’s Accessibility and Inclusion Society (DAIS)**

Facebook: <https://www.facebook.com/Dalhousie-Accessibility-and-Inclusion-Society-DAIS-236946620320414/>

DAIS is a society at Dalhousie University that aims at advocating for a more accessible environment while also raising awareness about disability issues.

---

**Dalhousie Lebanese Society**

Email: [dallebsociety@gmail.com](mailto:dallebsociety@gmail.com)

Facebook: <https://www.facebook.com/dallebsociety/>

The Dalhousie Lebanese Society is a non-profit, non-religious and non-political student run organization that aims to promote Lebanese culture and heritage in Halifax.

---

**Women’s Health Interest Group (WHIG)**

Email: [womenshealth.dal@gmail.com](mailto:womenshealth.dal@gmail.com)

Website: <https://www.womenshealthinterestgroup.com/>

WHIG is a knowledge sharing and networking group within Dalhousie University that seeks to highlight and share new and ongoing research on women’s health and to support and promote women in research – both locally and globally.

---

**Dalhousie Arabic Society**

Email: [dalarabicsociety@gmail.com](mailto:dalarabicsociety@gmail.com)

Facebook: <https://www.facebook.com/dalarabicsociety/>

The Dalhousie Arabic Society is open to all interested in the Arabic language and culture along with those taking courses in the Arabic Studies program. The society promotes activities and discussions based on Arabic culture, customs, language, music, food, history, art forms, films, youth, dance, and poetry.

---

---

**Dalhousie Iranian Student Society (DISS)**

Email: [iranian@dal.ca](mailto:iranian@dal.ca)

Facebook: <https://www.facebook.com/DalhousieIranianStudentsSociety/>

The Dalhousie Iranian Student Society promotes and coordinates cultural, educational, social, and recreational events to better understand various aspects of Iranian culture.

---

**Japanese Society of Dalhousie University**

Email: [japanese@dal.ca](mailto:japanese@dal.ca)

Facebook: <https://www.facebook.com/DALJPN/>

The Japanese Society of Dalhousie University is the place to be to celebrate and learn more about Japanese culture, language, music, and food.

---

**Dalhousie French Society**

Email: [français@dal.ca](mailto:français@dal.ca)

Facebook: <https://www.facebook.com/DalhousieClubFrançais/>

The Dalhousie French Society aims to celebrate the French language and culture, and they hold events such as movie nights and language discussion get togethers.

---

**Dalhousie German Society**

Email: [dalhousiegermansociety@gmail.com](mailto:dalhousiegermansociety@gmail.com)

Facebook: <https://www.facebook.com/DalhousieGermanSociety/>

The Dalhousie German Society welcome all students interested in German culture in general and those interested in the language. They host many annual events including Oktoberfest, anyak Christmas party, and German Immersion Day.

---

**Dalhousie Malaysian Society**

Email: [msa@dal.ca](mailto:msa@dal.ca)

Facebook: <https://www.facebook.com/DalhousieMalaysianSociety/>

Dalhousie Malaysian Society provides a feeling of home to Malaysians in Halifax and those who are interested in the Malaysian culture.

---

**Dalhousie University Russian Studies Society**

Email: [durs@dal.ca](mailto:durs@dal.ca)

Facebook: <https://www.facebook.com/dalrusn/>

The Dalhousie University Russian Studies Society aims to connect people through an appreciation of all things Russian.

---

---

**Dalhousie Spanish Society**

Facebook: <https://www.facebook.com/groups/DalKingsSpanishSociety/>

The Dalhousie Spanish Society celebrates the Spanish culture and language.

---

**DalOUT**

Email: [dalout@dal.ca](mailto:dalout@dal.ca)

Facebook: <https://www.facebook.com/dalout/>

DalOUT is Dalhousie's LGBTQIA2S+ society, providing workshops, events, resources, literature, and a safe space for queer students on campus.

---

**Dalhousie International Students' Association (DISA)**

Email: [disa@dal.ca](mailto:disa@dal.ca)

Facebook: <https://www.facebook.com/DalInternational/>

The DISA was created to promote cultural, educational, social, and recreational activities for the advancement of the interests of its members and others.

---

**Nova Scotia Public Interest Research Group – Dalhousie (NSPIRG)**

Email: [info@nspirg.ca](mailto:info@nspirg.ca)

Website: <https://www.nspirg.ca/>

The Nova Scotia Public Interest Research Group funds and initiates original research into environmental and social issues. They also develop and support campaigns and actions that address social or environmental inequalities, promote critical awareness, and foster social change.

---

**School of Social Work Student Group (SSWG)**

Email: [swsg14@dal.ca](mailto:swsg14@dal.ca)

The Social Work Student Group represents all Social Work students within the School of Social Work, the Faculty of Health, and the entire University.

---

**Important Websites:**

Society Resources: <http://dsu.ca/societyresources>

Connect with Societies: <http://dsu.ca/connect-with-societies>

Most Updated List of Current Societies:

<https://airtable.com/shr3WnAbVkDUnijGC/tblct2CdP2czDaKFZ?blocks=hide>

---

---

### **Social Work Students of Colour Collective (SWSCC)**

Email: [dalswsc@gmail.com](mailto:dalswsc@gmail.com)

Instagram: @dalswsc

The SWSCC meets monthly to provide social work students of colour with peer support as they navigate a majority-white campus/program and in doing so create community and solidarity between Black students, Indigenous students and students of colour. Additionally, they work to compile resources/develop recommendations to submit to the School of Social Work and for on campus students, the SWSCC is involved with BIPOC communities in Halifax, through advocacy or in partnership with community organizations.

---

### **Dalhousie Hygiene Equity**

Email: [madison.scanlann@gmail.com](mailto:madison.scanlann@gmail.com)

Website: <https://www.dsu.ca/ratified-societies/hygiene-equity>

Facebook: @dal.hygiene.equity

Instagram: @dal.hygiene.equity

A charity for hygiene products for people in need in the Halifax area. Accepts donations and does fundraising. Students help facilitate and plan fundraisers and pack and distribute products within the community. Our society provides a gap in specific needs among our local shelters and low-income housing areas. We also provide the Dalhousie Student Food Bank with products as requested.

---

### **Club Français**

Email: [français@dal.ca](mailto:français@dal.ca)

Website: [https://www.dal.ca/faculty/arts/french/programs/undergraduate-programs/French\\_Club.html](https://www.dal.ca/faculty/arts/french/programs/undergraduate-programs/French_Club.html)

Facebook: @DalhousieClubFrançais

Club Français organizes events that are open to students from all faculties. Events include movie nights, vin et fromage, crepe breakfast, potluck dinners and more.

---

### **Good2Talk**

Website: [https://www.dal.ca/campus\\_life/health-and-wellness/online-resources/good2talk.html](https://www.dal.ca/campus_life/health-and-wellness/online-resources/good2talk.html)

Phone Number: 1-833-292-3698

Or: Text GOOD2TALKNS to 686868

Free, anonymous, and confidential telephone/texting counselling for Dalhousie students. Part of a larger organization: <https://good2talk.ca/>

### **YMCA: Nova Scotia Works Centre**

Phone: 902-425-3464 ext. 221

Email: [novascotiaworks@halifax.ymca.ca](mailto:novascotiaworks@halifax.ymca.ca)

Location: 2269 Gottigen Street

The YMCA Nova Scotia Works Employment Services Centre provides a comprehensive service for unemployed individuals living in Halifax, including Career/Job Search Case Management, Career Counselling, Resources Service, and IT Workshops.

Website: <https://www.ymcansworks.ca/>

---

### **Halifax Public Library**

Phone: 902-490-5753

Email: [AskLib@Halifax.ca](mailto:AskLib@Halifax.ca)

Locations: Multiple across Halifax (check their website to find the one closest to you)

The Halifax Public Library offers library resources among other services including computer bookings, printing, 1-on-1 technology training, workshops, film screenings, and more. All individuals living within Halifax can get a library card for free!

Website: <https://www.halifaxpubliclibraries.ca/>

---

### **211 Nova Scotia**

Telephone: 211

Email: [help@ns.211.ca](mailto:help@ns.211.ca)

211 can be texted or called on any number at any time to find services and programs offered by local community groups, non-profits, and government departments.

Website: <https://ns.211.ca/homepage>

---

### **811 Nova Scotia**

Telephone: 811 or 1-866-770-7763

811 can be called by anyone living in Nova Scotia for everyday health information and advice. They provide services in over 125 different languages and are available all day, every day.

Website: <https://811.novascotia.ca/>

---



---

**Brunswick Street Mission**

Phone: 902-423-4605

Email: [bsm1@eastlink.ca](mailto:bsm1@eastlink.ca)

Location: 2107 Brunswick Street

The Brunswick Street Mission offers a few services for those that are in need. Their benevolent program helps those who need help managing one-time sizeable bills. 6 days a week they offer hot breakfast for free. They also have a clothing bank and food bank available to those living in Halifax.

Website: <https://www.brunswickstreetmission.org/>

---

**Halifax Meals on Wheels**

Phone: 902-429-4299

Email: [info@halifaxmealsonwheels.ca](mailto:info@halifaxmealsonwheels.ca)

Halifax Meals on Wheels provides fresh, nutritious meals via delivery for those who are unable to prepare a meal for themselves.

Website: <https://halifaxmealsonwheels.ca/>

---

**Free Tax Clinics**

If you require assistance with your tax returns in Canada, you have a modest income, and simple tax situation, you may be eligible for help at a free tax clinic. Click the website below and check your eligibility and find the location closest to you.

Website: [https://www.canada.ca/en/revenue-agency/campaigns/free-tax-help.html?utm\\_campaign=not-applicable&utm\\_medium=vanity-url&utm\\_source=canada-ca\\_taxes-help](https://www.canada.ca/en/revenue-agency/campaigns/free-tax-help.html?utm_campaign=not-applicable&utm_medium=vanity-url&utm_source=canada-ca_taxes-help)

---

**Access Nova Scotia**

Location: 300 Horseshoe Lake Drive, Bayers Lake Business Park (Halifax Office)

Access Nova Scotia acts as the testing centre for driver's, registering motor vehicles, and other permits.

Website: <https://novascotia.ca/sns/access/default.asp>

---

**Service Canada**

Phone: 1-800-622-6232

Location: 1800 Argyle Street, Suite 101 (Halifax Office)

Service Canada provides many services including receiving Social Insurance Numbers (SIN), which are required to legally work in Canada.

Website: <http://www.servicecanada.gc.ca/tb-sc-fsco/sc-dsp.jsp?rc=1515&lang=eng>

---

---

## **Nova Scotia Legal Aid**

Nova Scotia Legal Aid provides many free legal services for adults and youth, including relations to criminal law, family law, and many areas of social justice and civil law.

Website: <https://www.nslegalaid.ca/>

---

## **Legal Information Line Nova Scotia**

Phone: 902-455-3135

Email: [questions@legalinfo.org](mailto:questions@legalinfo.org)

The Legal Information Line provides free answers to legal information questions and allows callers to speak with counsellors to get help with legal problems.

Website: <https://www.legalinfo.org/>

---

## **Halifax Sexual Health Centre**

Phone: 902-455-9656

Email: [ed@hshc.ca](mailto:ed@hshc.ca)

Location: 7071 Bayers Road, Suite 302

The Halifax Sexual Health Centre offers a range of on-site clinical services including vaccines, birth control, STD testing, pregnancy testing, and more. They also provide a safe space and information regarding sexuality and sexual health.

Website: <http://hshc.ca/>

---

## **AIDS Coalition of Nova Scotia**

Phone: 902-425-4882

Location: 5516 Spring Garden Road, Suite 200

The AIDS Coalition of Nova Scotia strives to create an environment in which people living with and affected by HIV/AIDS feel empowered and supported. Their aim is to end stigma and discrimination, and reduce new cases of HIV. They offer a wide variety of programs and services targeted to diverse communities, including to women, young people, and community groups.

Website: <https://www.acns.ns.ca/>

---

---

### **Laing House**

Phone: 902-425-9018

Email: [info@lainghouse.org](mailto:info@lainghouse.org)

Location: 1225 Barrington Street

Laing House is a drop-in centre for youth aged 16-29 living with mental illness and/or challenges. Based on peer support, youth can meet friends who have gone through similar experiences and support each other as they find wellness. Programming includes art, meals, education and employment support, camping, music, and more.

Website: <https://www.lainghouse.org/>

---

### **The Peoples' Counselling Clinic**

Phone: 902-832-1593

Email: the [peoplescounsellingclinic@gmail.com](mailto:peoplescounsellingclinic@gmail.com)

The Peoples' Counselling Clinic offers counselling in the areas of trauma, patterns of abuse, violence in relationship and intimate partner victimization. They are open to clients referred from the Halifax Domestic Violence Court Programme and are focused on men's wellness.

Website: <http://thepeoplescounsellingclinic.ca/>

---

### **Veith House**

Phone: 902-453-4320

Email: [veithhouse@hfx.eastlink.ca](mailto:veithhouse@hfx.eastlink.ca)

Location: 3115 Veith Street

Veith House is an inclusive neighbourhood hub that provides equitable and relevant services and opportunities, to foster a healthier more vibrant community. Their programs include yoga, community kitchen, counselling, preschool, day camps, wellness workshops, and more.

Website: <https://www.veithhouse.com/>

---

### **Mi'kmaw Native Friendship Centre**

Phone: 902-420-1576

Location: 2158 Gottingen Street

The mission of the Mi'kmaw Native Friendship Centre is to provide structured, social-based programming for Urban Aboriginal People, while serving as a focal point for the urban Aboriginal community to gather for a variety community functions and events.

Website: <http://mymnfc.com/>

---

---

**Akoma Family Centre**

Phone: 902-434-0674

Location: 1018 Main Street

The Akoma Family Centre provides responsive residential care, enhancing the health and well-being of children, youth, and families. They are a non-profit organization that uses a nurturing, Afri-centric, Trauma-Informed approach when working with children.

Website: <http://akoma.ca/family/>

---

**Black Cultural Centre for Nova Scotia**

Phone: 902-434-6223

Email: [contact@bccns.com](mailto:contact@bccns.com)

The Black Cultural Centre for Nova Scotia was established to protect, preserve, and promote the history and culture of African Nova Scotians. The Centre is a museum and cultural gathering place.

Website: <http://web1.bccnsweb.com/>

---

**Nova Scotia College of Social Workers**

Phone: 902-429-7799

Location: 1888 Brunswick Street, Suite 700

The Nova Scotia College of Social Workers exist to protect and serve Nova Scotians by effectively regulating the profession of social work. They advocate for policies to improve social conditions, challenge injustice, and value diversity.

Website: <http://nscsw.org/>

---

**Nova Scotia Association of Black Social Workers (ABSW)**

Phone: 902-407-8809

Location: 1018 Main Street

The ABSW is a volunteer charitable organization consisting of Black Social Workers and Human Service Workers throughout the province of Nova Scotia. They provide courses, seminars, and workshops about social work geared towards persons of African descent and provide scholarships, bursaries, awards, and other forms of financial assistance to persons of African descent enrolled in a social work degree program.

Website: <http://nsabsw.ca/>

---

---

**Immigrant Services Association of Nova Scotia (ISANS)**

Phone: 902-423-3607

Email: [info@isans.ca](mailto:info@isans.ca)

Location: 6960 Mumford Road, Suite 2120

ISANS works with newcomers to help them build a future in Canada by providing services from refugee resettlement to professional programs, from family counselling to English in the Workplace.

Website: <https://www.isans.ca/>

---

**Halifax Refugee Clinic**

Phone: 902-422-6736

Email: [halifaxrefugeeclinic@gmail.com](mailto:halifaxrefugeeclinic@gmail.com)

Location: 5538 Macara Street

The Halifax Refugee Clinic provides services to the individual or families including employment services, language learning, mental health counselling, assistance navigating Canada's political and legal systems, and finding a new place to live.

Website: <http://halifaxrefugeeclinic.org/>

---

**African Diaspora Association of the Maritimes**

Phone: 902-404-3670

Email: [information@adamns.com](mailto:information@adamns.com)

Location: 3200 Kempt Road, Suite 201

The mission of the African Diaspora Association of the Maritimes is to create a space that ensures people of African descent living in the Maritimes have access to opportunities for cultural, social, political, and economic engagement.

Website: <https://adamns.com/>

---

**Native Council of Nova Scotia**

Phone: 902-895-1523

The Native Council of Nova Scotia is the self-governing authority for the large community of Mi'kmaq/Aboriginal peoples residing off-reserve in Nova Scotia throughout traditional Mi'kmaq territory. Their goal is to serve, advocate, and represent their community. They also provide workshops and programs including a Mi'kmaq language program, E'pit Nuji Ilmu (prenatal) program, social youth outreach, shelter and housing help, and more.

Website: <http://ncns.ca/>

---

---

**Halifax Area Network of Drug Using People (Hand Up)**

Phone: 902-210-6004

Email: [HANDUPhfx@outlook.com](mailto:HANDUPhfx@outlook.com)

HANDUP is a non-profit organization made up of former and current substance users that work to improve the lives of people who use substances through user-based peer support.

Website: <https://www.handuphfx.org/>

---

**Mainline Needle Exchange**

Phone: 902-423-9991

Location: 5511 Cornwallis Street

Mainline Needle Exchange is committed to helping people focus on their health and well-being through raising awareness, education, and empowerment. They offer clean supplies, safer use kits, and safe disposal of used needles. They also offer education related to harm reduction, peer support, and assistance in finding other supports.

Website: <http://mainlineneedleexchange.ca/>

---

**HaliFIX Overdose Prevention Society**

Phone: 902-818-0747

Email: [halifix902@gmail.com](mailto:halifix902@gmail.com)

Location: 2151 Gottingen Street

The HaliFIX Overdose Prevention Society legally operates an overdose prevention site in the Halifax region. Their site is peer led by people who use substances and the first in the area.

Website: <https://www.handuphfx.org/events-projects/halifix>

---

**First Love Yourself (F.L.Y.)**

Email: [transhfx@gmail.com](mailto:transhfx@gmail.com)

F.L.Y. recognizes the struggle that many trans people may have with internalized transphobia. They offer peer support to people in Nova Scotia who are transgender, non-binary, gender fluid, gender queer, bi-gender, two spirit, gender questioning and are 19 or over. Website:

<https://www.transhfx.com/>

---

---

### **The Youth Project**

Phone: 902-429-5429

Email: [youthproject@youthproject.ns.ca](mailto:youthproject@youthproject.ns.ca)

Location: 2281 Brunswick Street

The Youth Project is a non-profit charitable organization dedicated to providing support and services to youth, 25 and under, around issues of sexual orientation and gender identity.

Website: <http://youthproject.ns.ca/>

---

### **Nova Scotia Rainbow Action Project (NSRAP)**

Email: [nsrap@nsrap.ca](mailto:nsrap@nsrap.ca)

The NSRAP seeks equity, justice, and human rights for 2SLGBTQIA+ people in Nova Scotia. They seek to create change in our communities and our society at large.

Website: <http://nsrap.ca/>

---

### **Trans Lifeline**

Phone: 1-877-330-6366

The Trans Lifeline is a grassroots hotline and non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.

Website: <https://www.translifeline.org/>

---

### **Mental Health Mobile Crisis Line**

Phone: 1-888-429-8167

The Mental Health Mobile Crisis Line is Nova Scotia's 24/7 hotline to call for anyone experiencing a mental health crisis or someone concerned about them.

Website: <http://www.nshealth.ca/mental-health-addictions>

---

### **Dress for Success Halifax**

Phone: 902-493-7377

Email: [halifax@dressforsuccess.org](mailto:halifax@dressforsuccess.org)

Location: 2016 Gottingen Street

Dress for Success offers long-lasting solutions that enable women to break out of the cycle of poverty. They offer programs about employment retention, suiting (free clothing) and interview support and guidance, and career centres.

Website: <https://halifax.dressforsuccess.org/>

---

---

### **Trips By Transit**

Email: [tripsbytransit.hfx@gmail.com](mailto:tripsbytransit.hfx@gmail.com)

Trips By Transit is a non-profit organization that works towards a world where there are no barriers to preventing us from connecting with ourselves, our communities, and the natural world. They lead regular free wilderness trips.

Website: <https://www.tripsbytransit.ca/>

---

### **Halifax Forum**

Phone: 902-490-4614

Location: 2901 Windsor Street

The Halifax Forum is a recreation centre located in the middle of Halifax. They hold events like bingo and markets weekly, and also offer ice-skating.

Website: <http://www.halifaxforum.ca/>

---

### **Zatzman Sportsplex**

Phone: 902-464-2600

Location: 110 Wyse Road

The Zatzman Sportsplex is Dartmouth's hub for recreation, health, wellness, and community. They offer a variety of programs including swimming classes, basketball leagues, dance academy, and more.

Website: <https://zatzmansportsplex.com/>

---

### **Important Websites:**

List of recreational centres in the Halifax region: <https://bit.ly/3AVGbzP>

A beginning resource to explore Halifax: <https://discoverhalifaxns.com/>

List of Halifax farmers' markets: <https://bit.ly/3gjohPI>



---

### **The Grawood**

Location: Student Union Building

The Grawood is a student operated bar and restaurant on campus. Every week they have events such as Trivia Nights and Open Mic Night.

---

### **University Club**

Location: 6259 Alumni Crescent (on campus)

The Dalhousie University Club is open throughout the week for lunch and features daily specials. They also serve as a venue for private functions.

---

### **The Loaded Ladle**

Location: Student Union Building

The Loaded Ladle does one free serving at 1:00 pm during the week that is gluten-free and vegan.

---

### **Coburg Social Bar & Café**

Location: 6085 Coburg Road

Coburg Coffee is located just one block away from Dalhousie campus, which means that it is a student friendly place to study, relax, or grab some coffee.

---

### **Glitter Bean Café**

Location: 5896 Spring Garden Road

Glitter Bean Café was voted to be one of the best cafes in Halifax. They are working to provide a safer space for queer, two-spirit, and trans people in the city.

---

### **Athens Restaurant**

Location: 6273 Quinpool Road

Athens Restaurant was voted as one of the best Greek and Mediterranean food restaurants in Halifax and have been open since 1982. They also offer vegetarian, vegan, and gluten-free friendly options.

---

---

**Dhaba Casual Fine Dining + Express**

Location: 8 Oland Crescent (Unit F)

Dhaba was voted as the #1 Indian food restaurant in Halifax for the past six years.

---

**Rasa: Flavours of India**

Location: 1542 Birmingham Street

Rasa has been voted one of the best Indian food restaurants in Halifax.

---

**Mezza Lebanese Kitchen**

Location: 1558 Barrington Street

Mezza Lebanese Kitchen, specifically the location on Barrington Street, was voted the #1 Middle Eastern Restaurant in Halifax. They also have other locations across the Halifax region.

---

**Wasabi House**

Location: 6403 Quinpool Road

Wasabi House was voted the #1 restaurant that offers Japanese cuisine in Halifax.

---

**Cha Baa Thai Restaurant**

Location: 1546 Queen Street

Cha Baa Thai Restaurant was voted as Halifax's best thai food.

---

**Mary's African Cuisine**

Location: 1701 Barrington Street

Mary's African Cuisine, which has two locations, serves traditional African food in the Halifax region.

---

**Brawta**

Location: 1567 Grafton Street

Brawta serves traditional Caribbean food in the Halifax region.

---

**Mid-East Food Centre**

Location: 2595 Agricola Street

Mid-East Food Centre was voted the #1 international grocery in Halifax.

---

---

**Tian Phat**

Location: 209 Bedford Hwy

Tian Phat is one of the best international grocery stores in Halifax, carrying a variety of ingredients in Asian cuisine.

---

**The Italian Market**

Location: 1903 Barrington Street

The Italian Market is a European based international grocery store, one of the top ones in Halifax.

---

### **Halifax Central Library**

Location: 5440 Spring Garden Road

The new library located downtown offers space that is more than your typical book stop. The beautiful building is five stories tall, including two cafes, one on the roof, and regular free events.

---

### **Discovery Centre**

Location: 1593 Barrington Street

The Discovery Centre is Nova Scotia's hands-on science centre, which offers three floors of interactive fun and education through permanent and temporary exhibits, HD movies, live science shows and more!

Website:

---

### **The Board Room Game Café**

1256 Barrington Street

This café offers snacks and drinks, all while providing space and hundreds of board games to play.

---

### **Point Pleasant Park**

5718 Point Pleasant Drive

Point Pleasant is a large park close to the city centre. You can rent a bike, explore one of the park's trails, have a picnic, or enjoy the view.

---

### **Halifax Public Gardens**

Location: 5665 Spring Garden Road

The Halifax Public Gardens is a small oasis in downtown Halifax, which includes gorgeous manicured lawns and gardens.

---

### **Halifax Seaport Farmer's Market**

Location: 1209 Marginal Road

The Seaport Market is open every day of the week, however, on Saturdays is the prime time to go as all the stalls are open. You can stock up on coffee, snacks, souvenirs, groceries, and enjoy the harbourfront view.

---

**Black Market Boutique**

Location: 1545 Grafton Street

This small boutique sells clothing, crafts, jewellery, and gifts that are sourced all around the world.

---

**The Halifax Shopping Centre**

Location: 7001 Mumford Road, Unit 722

The Halifax Shopping Centre is Atlantic Canada's largest multi-building shopping centre.

---

**Seven Bays Bouldering**

Location: 2019 Gottingen Street

Seven Bays Bouldering is part bouldering gym and part café. You can get a quick climbing workout, then some studying, both, or just one.

---

**Mic Mac Mall**

Location: 21 Micmac Boulevard, Dartmouth

Mic Mac Mall is Atlantic Canada's second-largest shopping mall.

---

**Dartmouth Crossing**

Location: 34 Logiealmond Close, Dartmouth

Dartmouth Crossing offers a variety of stores and opportunities for shopping.

---

### **The Coast**

The Coast is a free alternative weekly newspaper in Halifax, Nova Scotia.

Website: <https://www.thecoast.ca/>

---

### **The Chronicle Herald**

The Chronicle Herald is another source of news local to Nova Scotia.

Website: <https://www.thechronicleherald.ca/>

---

### **Halifaxnoise**

Halifaxnoise is an independent citizen-run social media account.

Facebook: <https://www.facebook.com/halifaxnoise/>

---

### **Hillel Atlantic Canada**

Instagram: @HillelAtlantic

Facebook: @HillelAtlantic

A division of the Atlantic Jewish Council focused on Jewish university students in Atlantic Canada that makes Jewish life accessible for every student, including providing a place to celebrate holidays or to connect with other Jewish people.

Website: <https://www.hillelatlantic.ca/>

---

### **Get REAL Dal**

Email: [getreal@dal.ca](mailto:getreal@dal.ca)

Website: <https://www.thegetrealmovement.com>

Instagram: @getrealdal

Twitter: @DalGetsREAL

Facebook: @GetREALDal

A student-driven, non-profit organization that seeks to eliminate LGBTQ+ discrimination and bullying by unlearning discriminatory language.

---

### **Kijiji**

Kijiji is an online classified advertising service, which organizes by city to allow for individuals to post local advertisements. You can find people selling clothing, furniture and posting rentals.

Website: <https://www.kijiji.ca/>

---

---

### **Airbnb**

Airbnb is an online marketplace that arranges and offers lodging, primarily within homes, or tourism experiences.

Website: <https://www.airbnb.ca/>

---

### **Places4Students**

Dalhousie University has paired with Places4Students to provide a large, online, real-time database of student housing vacancies in Halifax.

Website: <https://www.places4students.com/>

---

### **Taxi Companies within Halifax**

[Casino Taxi](#)

[Yellow Cab Taxi](#)

---

### **Halifax Transit**

Halifax Transit provides bus and ferry services across the Halifax Regional Municipality.

Website: <https://www.halifax.ca/transportation/halifax-transit>

---

### **Canada's Major Banks Located Near Dalhousie University**

For more support on opening a bank account, visit the International Centre.

#### [Bank of Montreal \(BMO\)](#)

Phone: 902-421-3748

Location: 6371 Quinpool Road

#### [Canadian Imperial Bank of Commerce \(CIBC\)](#)

Phone: 902-428-7943

Location: 6429 Quinpool Road

#### [Royal Bank of Canada \(RBC\)](#)

Phone: 902-421-8177

Location: 5855 Spring Garden Road

#### [Scotiabank](#)

Phone: 902-420-4929

Location: 6005 Cobourg Road

#### [Toronto-Dominion \(TD\) Canada Trust](#)

Phone: 902-496-0800

Location: 5495 Spring Garden Road

---

## Halifax County Credit Unions

A list of the Halifax county credit unions can be found in the link below.

Website: <https://bit.ly/3AVI7bE>

---

## List of Canada's Major Cellular (Mobile) Companies

For more support on selecting a phone company and phone plan, visit the International Centre.

### [Bell Mobility](#)

Phone: 902-429-1844

Location: 5201 Duke Street

### [Eastlink](#)

Phone: 902-431-4272

Location: 5690 Spring Garden Road

### [Fido](#)

Available only online

### [Koodo Mobile](#)

Phone: 902-454-1282

Location: 7001 Mumford Road

### [PC Mobile](#)

Phone: 902-425-1498

Location: 6139 Quinpool Road

### [Rogers Wireless](#)

Phone: 902-492-3388

Location: 5693 Spring Garden Road

### [Telus Mobility](#)

Phone: 902-454-1381

Location: 7001 Mumford Road